

Message from HAP Prescriptions/Medicines Team 04 Jan 2021

Dear All

It will not have escaped your notice that infection rates of Covid are climbing and there have been several cases in the village. I know that the 'medicines advice' in the letter vulnerable people received recently is the same as in November, both recommending that they do not visit pharmacies but things are significantly different now. With the new variant and Tier 4, Denmead Health Centre have been advised that local shielding advice is now the same as it was in March. This means that the vulnerable should stay at home except for daily exercise. We plan to reinstate the village delivery service and would recommend strongly that those who used it last time opt back in. We recognise that some see it is part of their daily exercise and a chance for a socially-distanced chat in the open air but nevertheless believe that any unnecessary trip is a risk. These villagers might also wish to revisit asking for help with their shopping. This advice also applies to those who have received the vaccine as they could still be carriers and inadvertently transmit Covid. If you or anyone you support wish to start drug deliveries please contact Sam Meeson on [thameesonfamily@gmail.com](mailto:thameesonfamily@gmail.com) as soon as possible. We plan to restart the scheme this week. If you have any concerns or questions please contact Jo Walker on [jowalker@doctors.org.uk](mailto:jowalker@doctors.org.uk) or 02392 632642.

Thanks and please stay safe.

Dr Jo