

COVID-19 community update in Hampshire w/c 26 April 2021

Please share, pass on, translate, or promote any or all these messages.



Roadmap out of lockdown – step 2: non-essential retail open

- While lockdown is eased, simple behaviours can still make a big difference – keep following the rules of **Hands, Face, Space – and let in fresh air**.
- Translated and accessible information on COVID-19, including vaccination, can be found [here](#).

Travel advice:

- People can check [here](#) to see which countries are on the 'red list'. If someone has been in or through any of the countries red-listed in the previous 10 days, they will be refused entry to the UK unless they are a British or Irish National, or have residence rights in the UK, and they must then quarantine in a Government-approved hotel for 10 days.
- India was added to the 'red list' at 4am, Friday 23 April.
- If you arrived in the UK from India before 4am Friday 23 April, and you are a British or Irish National or have residence rights in the UK, you must self-isolate for 10 days in the place in which you're staying and take a COVID-19 test on day 2 and day 8.
- [Sign up to get an email alert](#) whenever this Gov.uk page is updated to make sure you know the latest changes.

COVID-19 vaccination:

- More than 33 million people in the UK - more than half the population - have now received at least one dose of a vaccine. In Hampshire, over 760,000 residents have received their first dose.
- On the 26 April the vaccine rollout opened to [42-year-olds](#) Anyone aged 42 and over on 1 July can currently book an appointment on the [NHS UK website](#) or call 119.
- You can find out [on the NHS website](#) who is allowed to book a COVID vaccine.
- A TV advert promoting the COVID-19 vaccine - featuring the slogan "every vaccination gives us hope" - is due to air this week, aiming to encourage people to get either their first or second jab.

- One of the people featured in the advert is 32-year-old Thor Porter, a drummer and graphic designer from Salisbury, who said: "I feel the vaccine rollout is key to regaining some form of normality. As a musician, it will hopefully enable venues to reopen and ensure a future in my career."

Testing:

- Since 9 April, anyone without symptoms of coronavirus can access free, rapid lateral flow tests for themselves and their families to use twice a week. Kits can be collected from testing sites and from some pharmacies across the county or ordered online [HERE](#). Some pharmacies also offer supervised lateral flow testing. The latest information about testing and collection in Hampshire, including site locations and opening times, can be found [HERE](#). Please note **this is for people with no symptoms of COVID-19**. Get into the habit of regular testing twice a week and recording the result to help stop the spread of the virus and protect your loved ones. Full instructions are included with the test kits. It is very important to report **all** results from lateral flow tests.
- If you get a positive result from a lateral flow test, you and your household must self-isolate immediately and book a PCR test within two days
- If are displaying symptoms of COVID-19, you should [book a PCR test](#).

Get involved:

- We are looking for volunteers to become Vaccination Champions to help the NHS and Hampshire County Council share trusted information about the vaccine and increase uptake. We need help to reach everyone in our communities to communicate why it is important to get the COVID-19 vaccine.
- What does a Vaccination Champion do? Champions can help by sharing up-to-date and trusted information about the COVID-19 vaccine on their social media and through their community networks. You will volunteer from home at times most convenient to you. You will attend a welcome session to help you get started and will receive ongoing support to help you in your role.
- Apply to become a Vaccination Champion by completing the [online form](#). If you need the form in printed format, call us to arrange. Please submit your application by **30 April 2021**. For further details **telephone**: 07824 321 233 or **email**: vaccination.champions@hants.gov.uk

Thank you for your continuing support to **#KeepHampshireSafe**